

Pocket Pace Cheat Sheet

4 CUT-OUT CARDS

Cut along the outer edges. Keep one; share the rest with coworkers.

POCKET PACE CARD

Targets for completed units (rounded up)

GOAL / HR	15 MIN	30 MIN	60 MIN
80	20	40	80
100	25	50	100
120	30	60	120
140	35	70	140
160	40	80	160
180	45	90	180
200	50	100	200
220	55	110	220
240	60	120	240
260	65	130	260
280	70	140	280
300	75	150	300

Your goal: _____ units/hr Unit: _____

POCKET PACE CARD

Targets for completed units (rounded up)

GOAL / HR	15 MIN	30 MIN	60 MIN
80	20	40	80
100	25	50	100
120	30	60	120
140	35	70	140
160	40	80	160
180	45	90	180
200	50	100	200
220	55	110	220
240	60	120	240
260	65	130	260
280	70	140	280
300	75	150	300

Your goal: _____ units/hr Unit: _____

POCKET PACE CARD

Targets for completed units (rounded up)

GOAL / HR	15 MIN	30 MIN	60 MIN
80	20	40	80
100	25	50	100
120	30	60	120
140	35	70	140
160	40	80	160
180	45	90	180
200	50	100	200
220	55	110	220
240	60	120	240
260	65	130	260
280	70	140	280
300	75	150	300

Your goal: _____ units/hr Unit: _____

POCKET PACE CARD

Targets for completed units (rounded up)

GOAL / HR	15 MIN	30 MIN	60 MIN
80	20	40	80
100	25	50	100
120	30	60	120
140	35	70	140
160	40	80	160
180	45	90	180
200	50	100	200
220	55	110	220
240	60	120	240
260	65	130	260
280	70	140	280
300	75	150	300

Your goal: _____ units/hr Unit: _____